



**2022 / 2023**

**Information & Guidelines**



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## US Cup Series

Contact Information: USA Nordic - [info@usanordic.org](mailto:info@usanordic.org)



## 2022/23 US Cup Schedule

Date	Location	Hill Size	SJ/NC
July 30th, 2022	Park City, UT	K90	SJ/NC
December 10th, 2022	Steamboat Springs, CO (Junior World Qualifier)	K90	SJ, NC
January 7th, 2022	Park City, UT (Junior World Qualifier)	K90	SJ,NC
January 15th, 2022	Minneapolis, MN (Juniors Nationals Qualifier)	K70	SJ/NC
January 20th, 2022	Ishpeming, MI (Juniors Nationals Qualifier)	K90	SJ,NC
January 28th, 2022	Fox River Grove, IL (Juniors Nationals Qualifier)	K70	SJ
February 3rd, 2022	Westby, WI	K108	SJ
February 17th, 2022	Brattleboro, VT	K90	SJ,NC

## 2022/23 US Cup Guidelines

### Entries

Competitors must be licensed with a National Ski Federation. Only US Ski and Snowboard card holding competitors and competitors who are in good standing with applicable governing bodies are eligible for the overall US Cup Standings.

Competitors must be current paying USA Nordic members to be eligible for overall rankings, and at a minimum an unpaid USA Nordic member to compete



## **Entry fee**

\$40 - \$90 per athlete/event is the recommended fee, dependent on competition infrastructure.

## **Event and Venue Requirements**

Ski Jumps that meet NGB standards (HS 70 – HS130).

A 5km and 10km Cross Country Course that meets NGB Standards with maximum loop lengths of 2.5km.

Hill Size (HS) ranges from 70-114M

## **Officials**

[https://usskiandsnowboard.org/sites/default/files/files-resources/files/2022/2023\\_Nordic\\_Guide.pdf](https://usskiandsnowboard.org/sites/default/files/files-resources/files/2022/2023_Nordic_Guide.pdf)

## **Equipment Control**

Suit Regulation

Crotch Measurement

Ski Length

Binding Placement

Weight Measurement

## **Classes**

Primary Event - The US Cup class is a U20 class

Secondary Event (if site includes) – Open Event

Men's and Women's Ski Jumping

Men's and Women's NC Class

## **Competition Format (U20 Class Only)**

The top three (3) junior ski jumping athletes, men and women, and NC athletes, men and women will qualify for a spot on the Junior National Team (must meet Junior National Team Criteria).

Overall US Cup winner is decided by an athlete's best five (5) point scoring finishes out of 10 competitions (if less than five Nordic Combined it will be determined by the total number).



There will be no tiebreaker in the case of a tie for the overall winner.

## **Scoring (U20 Class Only)**

Points are awarded based on the size of the field. The winner will receive twice the points of the total number of athletes in each class with a minimum of ten (10) points. Points will be awarded up to 15<sup>th</sup> place. See point spread below.

### **Place Points**

1st 30 Points	9 <sup>th</sup> 14 Points
2nd 28 Points	10 <sup>th</sup> 12 Points
3rd 26 Points	11 <sup>th</sup> 10 Points
4th 24 Points	12 <sup>th</sup> 8 Points
5th 22 Points	13 <sup>th</sup> 6 Points
6th 20 Points	14 <sup>th</sup> 4 Points
7th 18 Points	15 <sup>th</sup> 2 Points
8th 16 Points	

## **Rankings**

Rankings will be updated after each event and post on the [usanordic.org](http://usanordic.org) website.

## **Prize Money**

1st \$300  
2nd \$150  
3rd \$75

## **SITE (LOC)**

Provide high quality competition venues.

Men's and Women's Competitions.

Conduct competitions under US Ski and Snowboard and US Cup rules.

Bib sponsor location for hosted US Cup event (Use last season bibs if possible).

Provide Medical Coordinator, Competition Doctor, emergency medical services facilities.

Provide adequate parking and/or transportation for each venue.

Provide General Liability Insurance for at least \$5 million.

