

**19th Annual North American
Jindro Mayer Springer Tournee
US Large Hill Ski Jumping Championships
Utah Olympic Park in Park City, Utah
July 24 – 29, 2017**



GENERAL INFO –

The 19th Annual Springer Tournee will be 1 event on each ski jump up to the HS-100, in which top Junior and Senior Ski Jumpers and Nordic Combined athletes from all over North America compete. After the events on each hill, an overall winner is crowned the Jindro Mayer Springer Tournee Champion for each hill & U class for Ski jumping and Nordic Combined. The Large Hill US Ski Jumping Championships will take place Saturday July 29th 2017.

Overall awards 1-3 in each U class, and Nordic Combined will be given out. Awards will take place Saturday evening along with dinner following the events in at the UOP.

COMPETITION FORMAT:

The Nordic Combined events will consist of one jumping event, and one cross-country running event U12 and younger and roller skiing for U14/16/18/20. The Nordic Combined events will be Gundersen start format, (U20- Open events will be run like a FIS event only using the 1st jump)



NEW this year ONLINE REGISTRATION:

Please pre-register using the official online registration system at UOPNordic.org. An athlete is only allowed to enter a **MAXIMUM OF 2 HILLS, PLUS ONE NORDIC COMBINED EVENT unless also skiing in US Large Hill Ski Jumping Championships.** (*A valid USSA. membership is required for the US Championships only) When going through the online registration system, you will be prompted to enter your personal information. Once you select your U-Class + one additional you will be prompted to select which events you want to compete in, either ski jumping or Nordic Combined. If you are planning to jump in an open class, you will need to select this U-Class which corresponds to the Open class you would like to ski in. *Note you can only “ski down” to a lower class. Example: I am 13 and a U13 but I am competing on the HS20 which is a U12 class. I need to select the U12 class which will open up the options for U12 Class. **Visit UOPNordic.org for online registration**

REGISTRATION DEADLINE IS Monday, JULY 17th 5pm. ENTRIES MUST BE DONE ONLINE BEFORE THIS TIME.

WAIVERS

All participants will be required to have a Utah Olympic Park Waiver You can find the waivers by going to the link here: <https://www.smartwaiver.com/w/5681bc5b0a305/web/>

VOLUNTEERING:

This year we would like to ask anyone who is interested in volunteering to visit our website UOPNordic.org for more information. There are many volunteer opportunities available and you will see a complete list of opportunities as well as time requirements. We want the Springer Tournee to be a community event and expand the volunteer base through all of North America.



NATIONAL TEAM COACH / TESTING DAY Tuesday July 25th

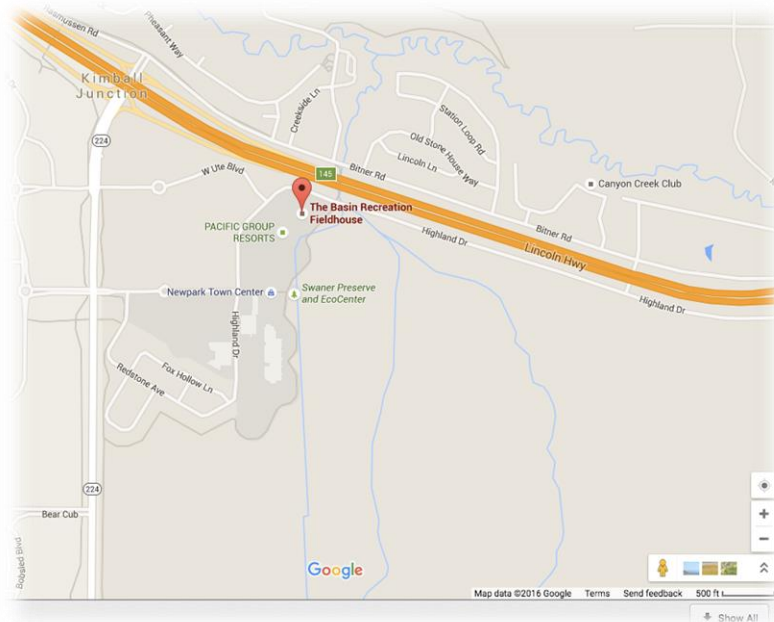
Every year the PCNSC host a National team jumping & testing day. The mentors will coach/test the kids (16 and under) in the morning 9:30-1PM Tuesday July 25th at the Basin Recreation Field House (see map below) In the afternoon we will all meet at the UOP to ski jump on HS68 and smaller hills 4-7PM. Testing data is very important for tracking growth, strength, and agility. The protocol for the testing session is below. This is a great way for all coaches and athletes to see how they are doing compared to all other athletes around North America. We strongly encourage all athletes ages 10 -16 years old to take part. The athletes will be paired up with a mentor national team athlete. Results from the testing are collected and sent to all coaches.

Parents please come and support your athletes jumping with the National team athletes. You are welcome to come watch on the sidelines at Basin Recreation field house as well.

Basin Recreation Field House address:
1388 Center Dr, Park City, UT 84098

Testing Protocol:

Height
Weight
20-meter sprint
Single broad Jump
5 broad jumps
5 left leg broad jumps
5 right leg broad jumps
5 alternating jumps
Static vertical jump
Counter movement vertical jump
Timed agility course



SOCIAL EVENTS

The Springer Tournee is a time for all Ski Jumping and Nordic Combined families and friends to come together for a week of learning, training, and competition.

The Park City Nordic Ski Club will be hosting a **BBO night on Monday July 24** for everyone to get together and make new friends and enjoy the Rocky Mountain evenings at the UOP. We will have games, trivia, and activities for all in the outrun area below the large hills at the UOP. We will be providing burgers and drinks and we ask you to bring your own meet/food if you prefer a different protein and or have special dietary needs. **We will be introducing the mentors/National Team athletes this evening and you will not want to miss it.**



Again this year we are pleased to have USA Nordic Sports hosting the “Parent Night Out” evening on Friday July 28th from 6-8 pm. We will be providing games and activities for the athletes at the UOP and USA Nordic Sports will host the parent mixer at the K-120 Start house at the Utah Olympic Park. Drinks and light finger food will be served. We will have light snack or drink for athletes at the bottom of jumps. We ask that parents please pickup athletes promptly at 8PM.



REGISTRATION FEES:

Springer Tournee All HILLS (HS15 – HS100) \$165.00 for all events and food on Saturday + Ropes course. *(Hill Fees included for the week)*

Springer Tournee & US Championships (HS70 –HS134) \$245.00 *(Hill Fees included for the week)*

US Championships Only (HS134 SJ) \$85.00

The HS-134 US Championship event is separate from the Springer Tournee.

HS134 SJ (Hill Fees not included for the whole week, only official training and competition)

****National Team entry fees**(C and B team athletes will pay the UOP and not use online system)**

A-Team Free

B-Team 50% \$40 US Large Hill Championships only

C-Team 100% \$85 US Large Hill Championships only

Awards Dinner (Saturday July 29th) (Catered dinner for all athletes/coaches) Additional meal tickets for family members available for purchase upon registration through UOPNordic.org.

TRAINING FEE: UOP Hill use fees/lift fees are included in the entry fee. Training requests need to be sent to mterwillegar@uolf.org and days outside of the Springer Tournee week fees are \$15 Small Hills and \$25 Large Hills. Season pass is \$110. (HS-134 only entries, hill fees are included in entry for Friday & Saturday only)

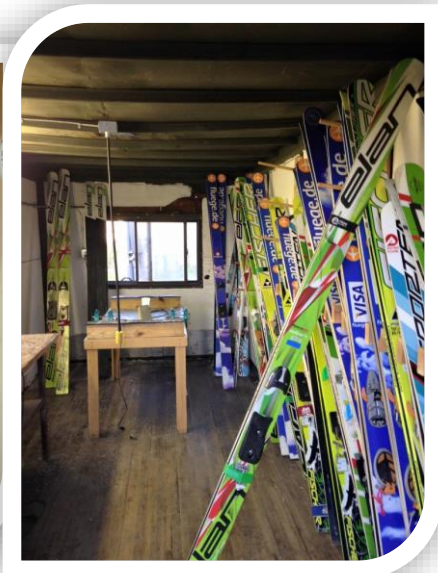
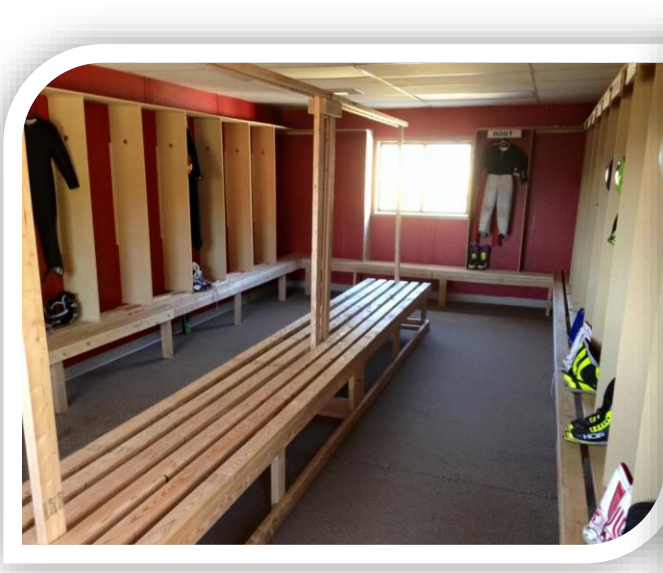
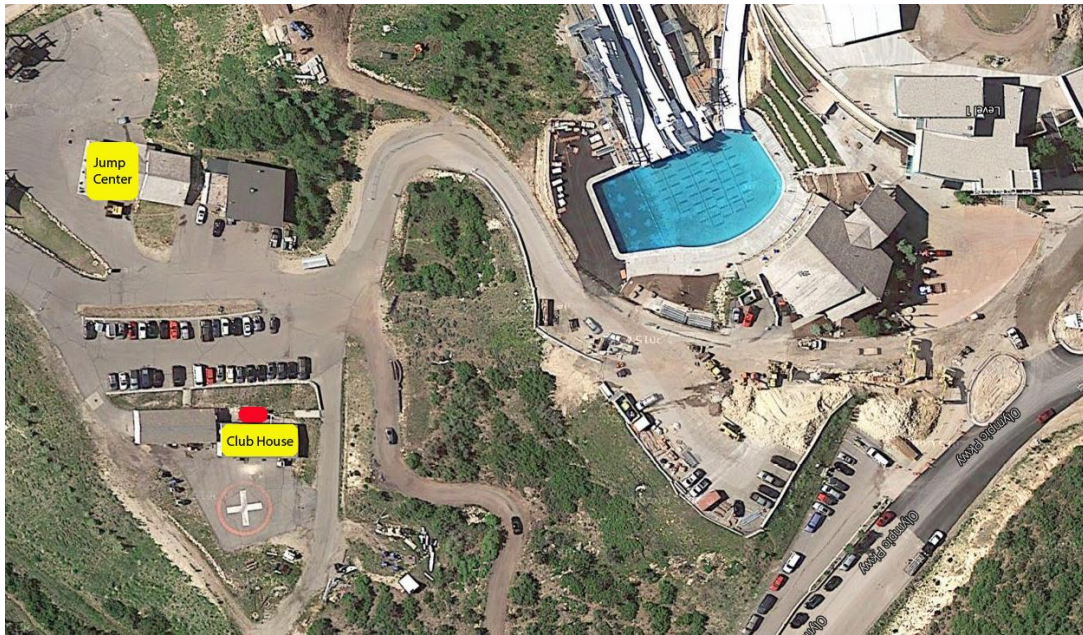
PAYMENT & CANCELLATION POLICY: All payments are due online for all except National Team members C Team and up. Cancellation once registered is subject to the refund processing fee.

All Refunds will have a \$25.00 processing fee. Refunds for competitions must be requested no later than the day of the competition and will be refunded 100% minus processing fee. No refunds will be given after Saturday July 29th



WAXING/CHANGING FACILITIES:

Each team will be provided the appropriate changing areas/waxing facilities. Please check with the PCNSC office to find out where your team’s facilities are located when you arrive. Please respect other teams’ spaces and utilize only your teams’ facility for waxing and changing. There is no waxing in the event tent at the base of the small hills or the start houses of the HS100-134.





HOUSING/TRAVEL:

Each team is responsible for your own transportation and lodging. Below are several numbers for possible housing.

Best Western Landmark Inn:

Kimball Junction/ right at the bottom of Utah Olympic Park **800.548.8824**

HYATT PLACE Park City

On HWY 224 just a few miles from the Utah Olympic Park **435.766.1234**

Hampton Inn and Suites:

Landmark drive/right at the bottom of Utah Olympic Park **435.645.0900**

Marriott Hotels:

Several locations in Park City **800.228.9290**

Mountain Planet

Resort Property Rental Specialists <http://mountainplanet-lodging.com> **877.711.0921**

Ptarmigan property rentals

Susan Shay (Condo's) **435.645.7466**



SCHEDULE OF EVENTS

Monday July 24th

9:00AM – 11:00PM Open training all jumps (by group)
UOP Public tubing 11-4:30 all hills (Jumps closed)
 5:00PM – 7:00PM Open training all jumps
5:00 pm - 6:00 pm - Q & A with Jed Hinkley, Sport Development Director
 7:00PM – 8:30PM PCNSC BBQ Base of Large jumps UOP – games in the flats
 We will introduce National Team athletes as mentors and pair with athletes to Tuesday activities.

Tuesday July 25th

9:30AM – 1:00PM North America Testing Basin Recreation Field House
UOP Public tubing 11-4:30 all hills (Jumps closed)
10:00am - 12:00pm - Parent and Club Resources Session
12:00pm - 2:00pm - Best Practices for Clubs
2:00pm - 4:00pm - Equipment Exchange and ordering meeting
 5:00PM – 7:00PM Testing National team athletes coach Springer participants (HS15-68 Only)

Wednesday July 26th

9:00AM – 11:00PM Open training all jumps (by group)
UOP Public tubing 11-4:30 all hills (Jumps closed)
 2:00PM – 4:00PM Coaches Clinic UOP
 5:00PM – 7:00PM Open training all jumps
WSJ-USA/USANS fundraiser

Thursday July 27th

8:00AM – 11:30AM HS-68 Trial and two to count
UOP Public tubing 12-4:30 large hills (Jumps closed) No tubing small hills
 9:00AM – 11:00AM Open training small jumps HS10-42
 4:00PM – 7:00PM HS10 – 42 (No trial) *two to count
 Time TBD Psicobloc climbing event UOP freestyle pool (Ticketed)

Friday July 28th

8:00AM – 11:30AM HS-100 Ski Jumping event Trial and two to count
UOP Public tubing 12-4:30 large hills (Jumps closed) No tubing small hills
 6:00PM – 8:00PM USANS “Parents Night Out” HS134 Start House UOP
 6:00PM – 8:00PM PCNSC Athlete activities UOP Large hills grass outrun
 Time TBD Psicobloc climbing event UOP freestyle pool (Ticketed)

Saturday July 29th

8:00AM – 12:00PM Trial + Two to count HS-134 US Champs (*FIS Belt Required in Suit)
UOP Public tubing 11-4:30 all hills (Jumps closed)
 3:00PM – 5:30PM 1KM U10/2KM U12/3KM U14 running U16 hill climb/U20 hill climb UOP
 6:30PM – 8:30-PM Springer Splash (Freestyle pool fun) & 19th Annual
 Springer Tournee awards following pool event. Dinner provided for athletes
 And available for family members for \$5. See registration



AGE CLASSES

"U" Age Class	Hill Size	Nordic Combined Race Length
U-10	HS-15	1km race
U-12	HS-20	2km race
U-14	HS-42	3km race
U-16	HS-68	5km race
U-18	HS-100	10km race
U-20	HS-100/134	10km race
U-30	HS-100/134	10km race

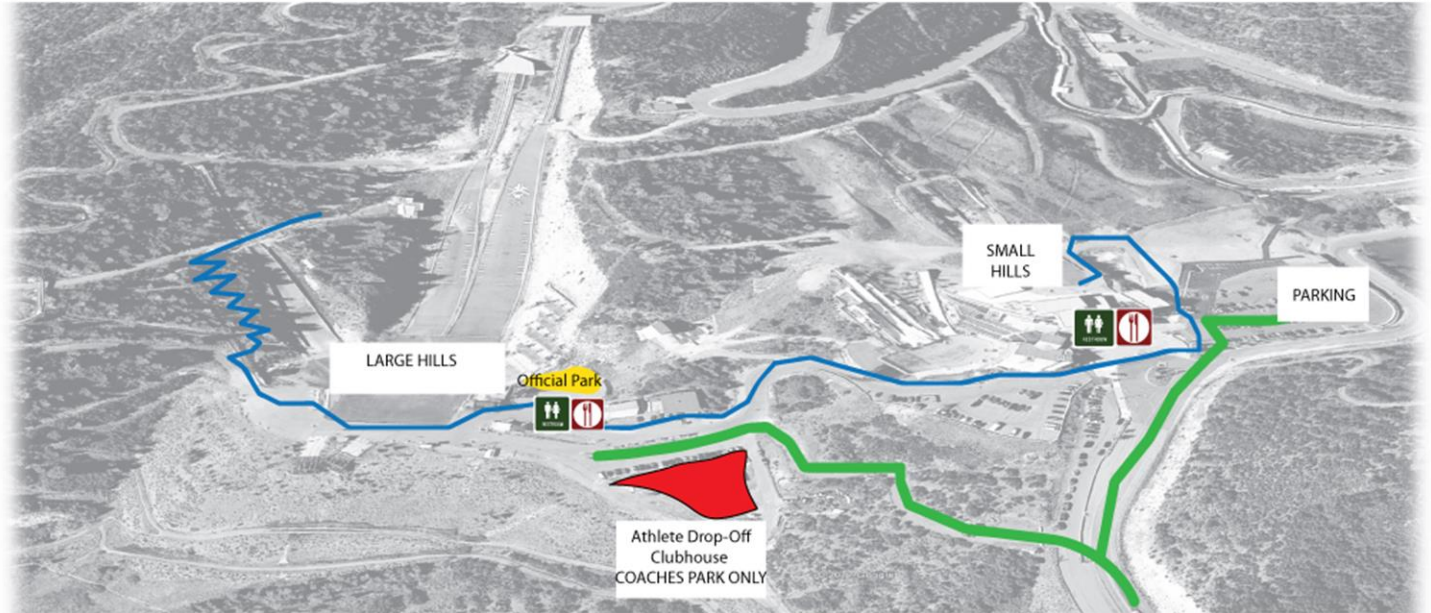


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UOP BASE MAP



Vehicle Access



Pedestrian Access

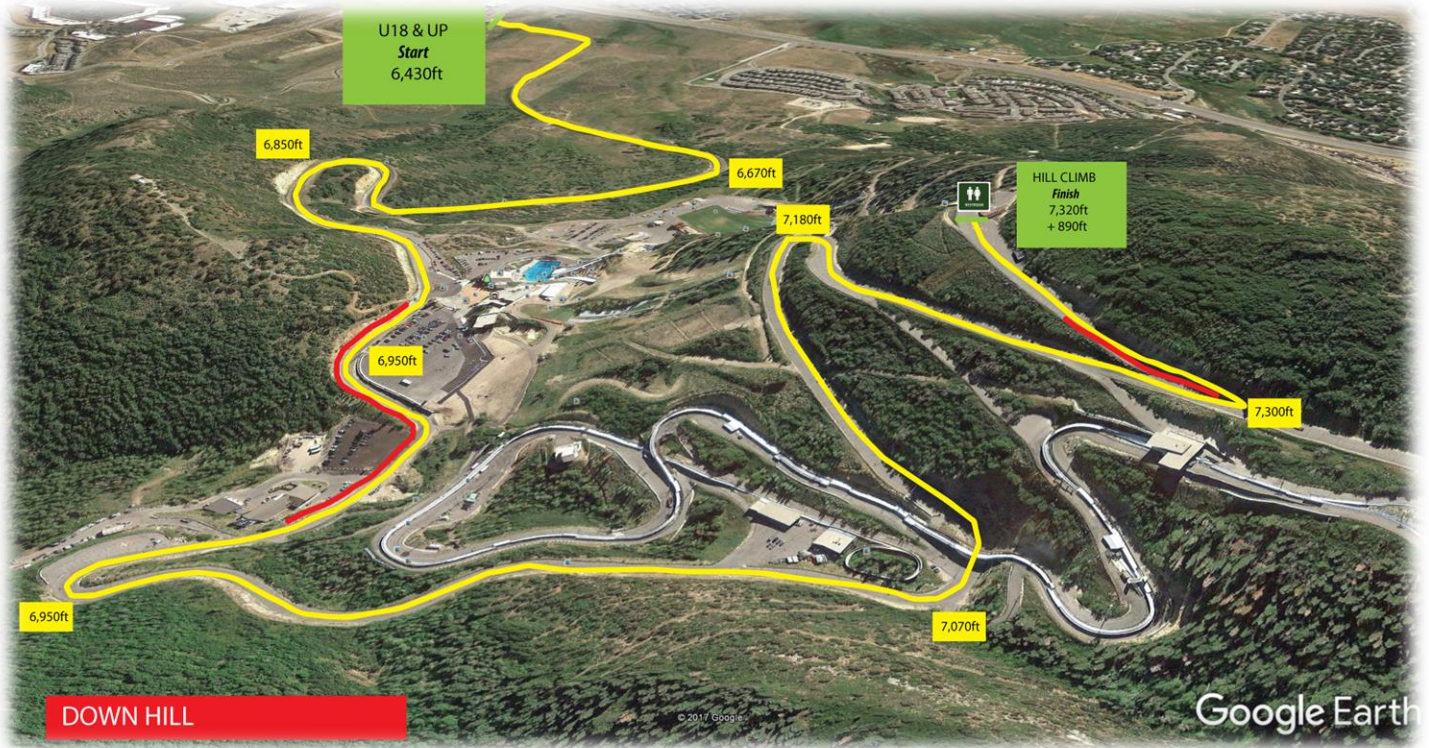


UOP HS134 ACCESS MAP



Roller Ski and Running Course Maps

U18 & UP Roller Ski Hill Climb Saturday July 29th

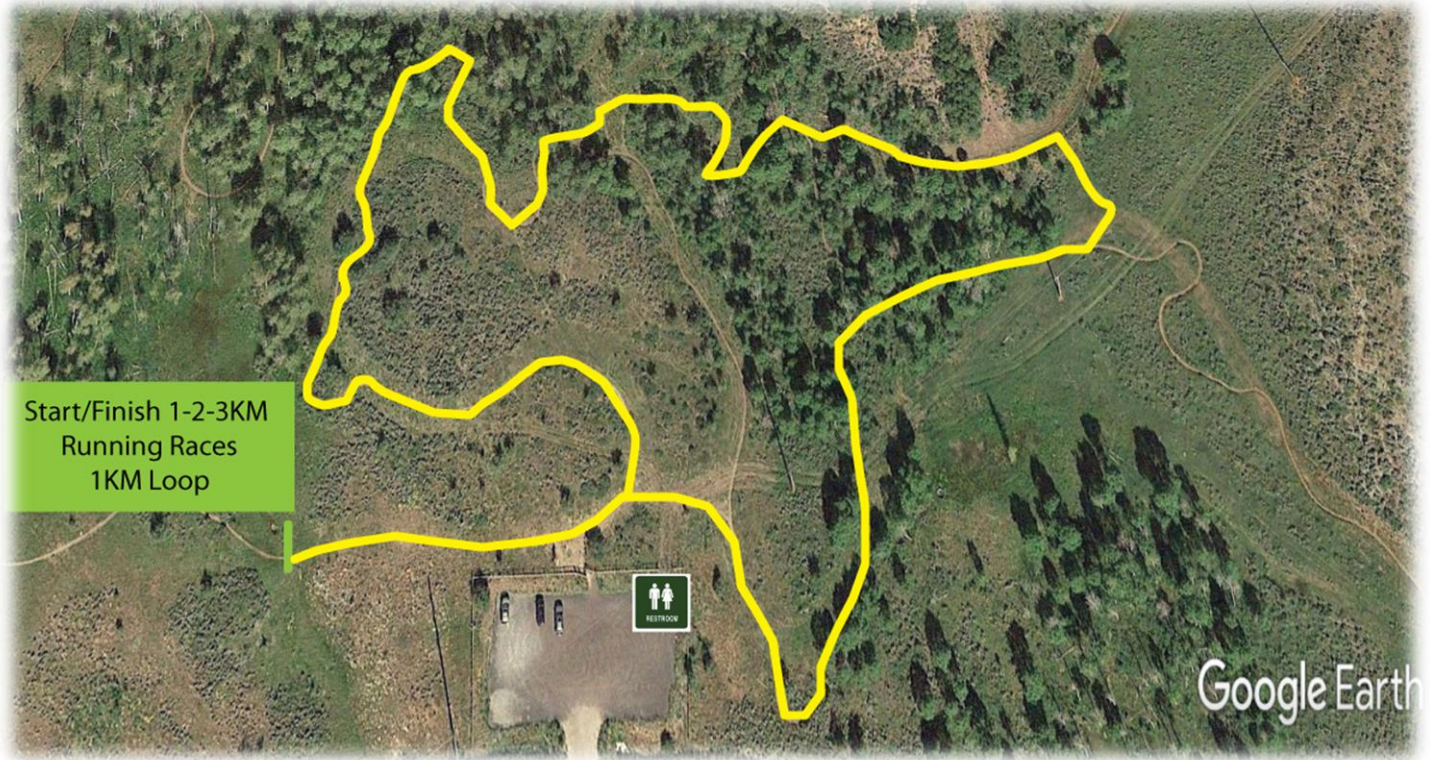


U16 Roller Ski Hill Climb Saturday July 29th following 10KM athletes



Running Races

U10/12/14 1-2-3KM Basin Trails



On behalf of the Park City Nordic Ski Club, Staff, and the Utah Olympic Park,
WELCOME TO PARK CITY

Questions, contact
Alan Alborn
Aalborn@uolf.org
435-513-0987

